

BLUE REVIEWSM

A Provider Publication

May 2018

Please distribute this newsletter, which contains claims, billing, Medical Policy, reimbursement, and other important information, to all health care providers, administrative staff, and billing departments/entities. This version of Blue Review is based on the electronic version that was distributed in May 2018 but because it is a summary copy, **it may not have all the information contained in the electronic version. To sign up to receive the Blue Review electronically, complete the [request form](#) that can be found at bcbsok.com/provider.**

You can find the [Blue Review](#) online at bcbsok.com/provider/news and updates

News & Updates

Pharmacy Program Updates: Quarterly Pharmacy Changes Effective April 1, 2018

DRUG LIST CHANGES

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some additions, revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) were made to the Blue Cross and Blue Shield of Oklahoma (BCBSOK) drug lists. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes. Changes that were effective April 1, 2018 are outlined below.

Drug List Updates (Coverage Additions) – As of April 1, 2018

| Preferred Drug ¹ | Drug Class/Condition Used For |
|---|--|
| Basic, Multi-Tier Basic, Enhanced, Multi-Tier Enhanced Drug Lists | |
| BENZNIDAZOLE tab 12.5 mg, 100 mg | Chagas Disease |
| ENBREL MINI | Rheumatoid Arthritis, Plaque Psoriasis |
| FIASP | Diabetes |
| FIASP FLEXTOUCH | Diabetes |
| QVAR REDHALER 40 mcg/act, 80 mcg/act | Asthma |
| SHINGRIX | Shingles Vaccine |
| TRACLEER tab for oral susp 32 mg | Pulmonary Arterial Hypertension |
| ZENPEP dr cap 20000-63000-84000 unit, 40000-126000-168000 unit | Enzyme Deficiency |

| Basic and Multi-Tier Basic Drug Lists | |
|--|-----------------------------------|
| APRISO | Ulcerative Colitis |
| BYDUREON BCISE | Diabetes |
| LYRICA soln 20 mg/mL | Diabetic Nerve Pain, Fibromyalgia |
| Performance and Performance Select Drug Lists | |
| ALUNBRIG tab 90 mg, 180 mg | Cancer |
| ALUNBRIG tab initiation therapy pack 90 mg, 180 mg | Cancer |
| APRISO | Ulcerative Colitis |
| atazanavir sulfate cap 150 mg, 200 mg, 300 mg | HIV |
| BAXDELA | Anti-infective |
| BENZNIDAZOLE tab 12.5 mg, 100 mg | Chagas Disease |
| BEVYXXA cap 40 mg, 80 mg | VTE Prophylaxis/Anticoagulant |
| BOSULIF tab 400 mg | Cancer |
| BYDUREON BCISE | Diabetes |
| CALQUENCE | Cancer |
| efavirenz cap 50 mg, 200 mg | HIV |
| ENDARI | Sickle Cell Disease |
| estradiol vaginal cream 0.1 mg/gm | Menopause Vaginal Changes |
| ezetimibe-simvastatin tab 10-10 mg, 10-20 mg, 10-40 mg, 10-80 mg | High Cholesterol |
| FIASP | Diabetes |
| FIASP FLEXTOUCH | Diabetes |
| JULUCA | HIV |
| K-PHOS tab 500 mg | Phosphate Deficiency |
| K-PHOS NO 2 tab 305-700 mg | Phosphate Deficiency |
| NEULASTA ONPRO KIT | Neutropenia |
| oseltamivir phosphate for susp 6 mg/mL | Influenza |
| PREVYMIS tab 240 mg, 480 mg | CMV |
| QVAR REDHALER 40 mcg/act, 80 mcg/act | Asthma |
| SHINGRIX | Shingles Vaccine |
| SYMPROIC | Opioid-Induced Constipation |
| tenofovir disoproxil fumarate tab 300 mg | HIV |
| TRACLEER tab for oral susp 32 mg | Pulmonary Arterial Hypertension |
| VERZENIO tab 50 mg, 100 mg, 150 mg, 200 mg | Cancer |
| VIDEX EC | HIV |
| XIGDUO XR | Diabetes |
| ZENPEP dr cap 20000-63000-84000 unit, 40000-126000-168000 unit | Enzyme Deficiency |
| Performance Select Drug List | |
| QUILLICHEW ER 20 mg, 30 mg, 40 mg | ADHD |
| QUILLIVANT XR | ADHD |
| SOLIQUA 100/33 | Diabetes |
| XULTOPHY 100/3.6 | Diabetes |
| ZUBSOLV tab 0.7-0.18 mg, 1.4-0.36 mg, 2.9-0.71 mg, 5.7-1.4 mg, 8.6-2.1 mg, 11.4-2.9 mg | Opioid Dependence |

Drug List Updates (Revisions/Exclusions) – As of April 1, 2018

| Non-Preferred Brand ¹ | Drug Class/Condition Used For | Generic Preferred Alternative(s) ² | Preferred Brand Alternative(s) ^{1,2} |
|---|-------------------------------|---|---|
| Basic Drug List Revisions | | | |
| AXIRON (testosterone td soln 30 mg/act) | Low Testosterone | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |
| NASONEX (mometasone furoate nasal susp 50 mcg/act) | Allergic Rhinitis | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |
| PENTASA (mesalamine cap er 250 mg, 500 mg) | Ulcerative Colitis | N/A | APRISO, ASACOL HD, DELZICOL |
| RENVELA (sevelamer carbonate packet 0.8 gm, 2.4 gm) | Kidney Disease | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |
| SABRIL (vigabatrin powder pack 500 mg) | Infantile Spasms | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |
| VIGAMOX (moxifloxacin hcl ophth soln 0.5%) | Ophthalmic Infections | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |
| ZIAGEN (abacavir sulfate soln 20 mg/mL) | HIV | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> | |

| Drug ¹ | Drug Class/Condition Used For | Preferred Alternative(s) ^{1,2} |
|---|----------------------------------|---|
| Performance and Performance Select Drug Lists Revisions | | |
| AMPICILLIN (ampicillin cap 500 mg) | Infections | amoxicillin capsule, amoxicillin/clavulanate potassium tablet, penicillin tablet |
| BROMFENAC (bromfenac sodium ophth soln 0.09%) | Ocular Pain/Inflammation | diclofenac (Ophth) solution, ketorolac (Ophth) solution |
| CLARITHROMYCIN (clarithromycin for susp 125 mg/5 mL, 250 mg/5 mL) | Infections | azithromycin suspension, azithromycin tablet, clarithromycin tablet |
| FLUOROURACIL (fluorouracil soln 2%, 5%) | Cancer | diclofenac gel 3%, fluorouracil cream 5%, PICATO, VALCHLOR GEL |
| FLURBIPROFEN SODIUM (flurbiprofen sodium ophth soln 0.03%) | Ophthalmic Pain/Inflammation | diclofenac (Ophth) solution, ketorolac (Ophth) solution |
| GENTAK (gentamicin sulfate ophth oint 0.3%) | Ophthalmic Infections | erythromycin (Ophth) oint, gentamicin (Ophth) solution, moxifloxacin (Ophth) solution, tobramycin (Ophth) solution |
| PENICILLIN V POTASSIUM (penicillin v potassium for soln 125 mg/5 mL, 250 mg/5 mL) | Infections | amoxicillin capsule, amoxicillin suspension, penicillin tablet |
| Performance and Performance Select Drug Lists Exclusions | | |
| almotriptan malate tab 6.25 mg, 12.5 mg | Migraines | eletriptan tablet, sumatriptan tablet, zolmitriptan tablet |
| BUPHENYL (sodium phenylbutyrate tab 500 mg) | Urea Cycle Disorders | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| EFFIENT (prasugrel hcl tab 5 mg, 10 mg) | Cardiovascular Event Prophylaxis | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| FOSRENOL (lanthanum carbonate chew tab 500 mg, 750 mg, 1000 mg) | Kidney Disease | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| frovatriptan succinate tab 2.5 mg | Migraines | eletriptan tablet, sumatriptan tablet, zolmitriptan tablet |
| LAMICTAL STARTER/NOT TAKING CARBAMAZEPINE (lamotrigine tab 25 mg (42) & 100 mg (7) starter kit) | Bipolar Disorder | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| LAMICTAL STARTER/TAKING CARBAMAZEPINE/NOT TAKING VALPROATE (lamotrigine tab 25 mg (84) & 100 mg (14) starter kit) | Bipolar Disorder | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |

| | | |
|--|------------------------------------|---|
| LAMICTAL STARTER/TAKING VALPROATE (lamotrigine tab 25 mg (35) starter kit) | Bipolar Disorder | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| LEXIVA (fosamprenavir calcium tab 700 mg) | HIV | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| metformin hcl tab er 24hr osmotic 500 mg, 1000 mg (generic for FORTAMET) | Diabetes | metformin ER tablet (generic for GLUCOPHAGE XR) |
| MILLIPRED (prednisolone tab 5 mg) | Inflammatory Conditions | prednisolone syrup, prednisone tab |
| MILLIPRED DP (prednisolone tab therapy pack 5 mg (21), 5 mg (48)) | Inflammatory Conditions | prednisolone syrup, prednisone tab |
| oxiconazole nitrate cream 1% | Fungal Infections | econazole cream 1%, ketoconazole cream 2%, ketoconazole shampoo 2% |
| PENTASA (mesalamine cap cr 250 mg, 500 mg) | Ulcerative Colitis/Crohn's Disease | APRISO, ASACOL HD, DELZICOL |
| RELPAK (eletriptan hydrobromide tab 20 mg, 40 mg) | Migraines | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| SABRIL (vigabatrin powder pack 500 mg) | Infantile Spasms | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| SYMLINPEN 60 (pramlintide acetate pen-inj 1500 mcg/1.5 mL) | Diabetes | <i>Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| SYMLINPEN 120 (pramlintide acetate pen-inj 2700 mcg/2.7 mL) | Diabetes | <i>Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| TRANSDERM-SCOP (scopolamine td patch 72hr 1 mg/3 days) | Nausea/Vomiting | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| ZIAGEN (abacavir sulfate soln 20 mg/mL) | HIV | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| Performance Select Drug List Exclusions | | |
| EPIDUO (adapalene-benzoyl peroxide gel 0.1-2.5%) | Acne | <i>Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.</i> |
| RIOMET (metformin hcl oral soln 500 mg/5 mL) | Diabetes | metformin tablet |

DISPENSING LIMIT CHANGES

The BCBSOK prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling.

Effective April 1, 2018:

| Drug Class and Medication(s)¹ | Dispensing Limit(s) |
|---|----------------------------|
| Basic, Performance and Performance Select Drug Lists Changes | |
| Keveyis | |
| Keveyis | 120 tablets per 30 days |
| Basic Drug List Changes | |
| Pseudobulbar Affect | |
| Nuedexta | 60 capsules per 30 days |

UTILIZATION MANAGEMENT PROGRAM CHANGES

- **Effective April 1, 2018**, the following changes were applied:
 - Several drug categories and/or targeted medications will be added to current Prior Authorization (PA) and Step Therapy (ST) programs for standard pharmacy benefit plans. As a *reminder*, please review your patient's drug list for the indicator listed in the Prior Authorization or Step Therapy column, as not all programs may apply. Additionally, please be sure to submit the specific prior authorization form the medication being prescribed to your patient.

Drug categories added to current pharmacy PA standard programs, effective April 1, 2018

| Drug Category | Targeted Medication(s)¹ |
|---|---|
| Basic, Performance and Performance Select Drug Lists | |
| Benlysta | Benlysta |
| Hereditary Angioedema (HAE) | Haegarda |
| Keveyis | Keveyis |
| Basic Drug List | |
| Pseudobulbar Affect | Nuedexta |

Drug categories added to current pharmacy ST standard programs, effective April 1, 2018:

| Drug Category | Targeted Medication(s)¹ |
|------------------------|---|
| Basic Drug List | |

| | |
|------------------|---|
| Phosphate Binder | Auryxia, Fosrenol, Renagel, Renvela, Velphoro |
|------------------|---|

Per our usual process of member notification prior to implementation, targeted mailings were sent to members affected by drug list revisions and/or exclusions and prior authorization program changes. For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the Pharmacy Program number on their member ID card. Members may also visit *bcbsok.com* and log in to Blue Access for MembersSM (BAMSM) and MyPrime.com for a variety of online resources.

¹Third party brand names are the property of their respective owners

²These lists are not all inclusive. Other medications may be available in this drug class.

Prime Therapeutics LLC is a pharmacy benefit management company. BCBSOK contracts with Prime to provide pharmacy benefit management and related other services. BCBSOK, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. MyPrime.com is an online resource offered by Prime Therapeutics.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member’s certificate of coverage which may vary from the limits set forth above. The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.

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REMINDER: Services Rendered by Providers to Related Members and/or Self

Standard Blue Cross and Blue Shield of Oklahoma (BCBSOK) benefits exclude coverage for services and supplies received by a BCBSOK member from a provider in the member’s immediate family. Unless specifically stated otherwise under the member’s plan, BCBSOK considers “immediate family” to include persons within two degrees of consanguinity or affinity to the BCBSOK member: a parent, child, sibling, grandparent, grandchild, spouse or domestic partner, parent-in-law, or daughter/son-in-law. “Step” relationships are similarly included. BCBSOK expects providers not to submit claims for these excluded services.

Please verify the member benefits by using the [eIVR](#) or [Availity](#)[®] for assistance. Verification of eligibility and/or benefit information is not a guarantee of payment. Benefits will be determined once a claim is received and will be based upon, among other things, the member’s eligibility, any claims received

during the interim period and the terms of the member's certificate of coverage applicable on the date services were rendered.

Verification of eligibility and/or benefit information is not a guarantee of payment. Benefits will be determined once a claim is received and will be based upon, among other things, the member's eligibility, any claims received during the interim period and the terms of the member's certificate of coverage applicable on the date services were rendered.

Availity is a trademark of Availity, LLC, a separate company that operates a health information network to provide electronic information exchange services to medical professionals. Availity provides administrative services to BCBSOK. BCBSOK makes no endorsement, representations or warranties regarding any products or services provided by third party vendors such as Availity and RJ Health Systems International. If you have any questions about the products or services provided by such vendors, you should contact the vendor(s) directly.

May Is Mental Health Awareness Month

As a health care provider, you're aware that mental health conditions are the result of multiple, linking events or sources such as genetics, environment, lifestyle, stressful job or home life, traumatic events, and biochemical processes and brain structure. Studies have shown that 50 percent of mental health conditions begin by age 14 and 75 percent of all chronic mental health conditions begin by age of 24. The normal personality and behavior changes of adolescence may mimic or mask symptoms of a mental health condition. Early engagement, intervention and support are crucial to improving outcomes.

Stabilization and recovery are possible, especially when the disease process and treatment are started early and the patient plays a strong role in their own treatment. Screening your patients, and educating them and their family members are keys to improved health outcomes and quality of life.

Magellan Healthcare[®] has provided a [Behavioral Health Toolkit](#) that supplies Blue Cross and Blue Shield of Oklahoma (BCBSOK) Blue EssentialsSM, Blue Advantage HMOSM and Blue PremierSM contracted providers with screening instruments and the information necessary to assist in making behavioral health referrals and assessments. Knowing that early engagement and interventions are crucial, we encourage you to use these tools.

LifeTimes

You may share these articles with your patients from our LifeTimes health and wellness website, which is available in both [English](#) and [Spanish](#):

Teen Depression: More than Just a Phase

[English](#)

[Spanish](#)

The Science of Happy: You Don't Have to Be Born That Way

[English](#)

[Spanish](#)

Calming Down High Anxiety

[English](#)

[Spanish](#)

*National Quality Measures Clearinghouse™, Glascoe & Sharpio, 2007

Blue Cross and Blue Shield of Oklahoma (BCBSOK) contracts with Magellan Behavioral Health, Inc. (“Magellan”), an independent company, to administer BCBSOK’s managed mental health program.

Meditation Brings Sharper Focus to the Workplace

[This story](#) highlights the benefits of taking a few minutes in the workday to reboot, or meditate. A [study](#) released last year by the Centers for Disease Control and Prevention says that mindfulness-based practices can improve worker’s health, increase productivity and reduce employers’ costs.

At Blue Cross and Blue Shield of Oklahoma (BCBSOK), we believe that having access to affordable, quality coverage can make a positive, and often profound, difference in our members’ lives. [Making the Health Care System Work](#)SM is BCBSOK’s online magazine that helps tell our story and explore ways we can all work together to help make the health care system work better for everyone. Insurers, providers, employers and members all have a vital role to play in finding new solutions for the future.

Feature Tip

How to Navigate Our Updated Provider Finder®

Blue Cross and Blue Shield of Oklahoma (BCBSOK) has recently updated the Provider Finder tool on bcbsok.com. The updated Provider Finder optimizes search results so that our members can more easily locate in-network physicians, specialists and other health care providers.

From the provider perspective, it’s important to note changes in the way you use the tool to review your own information, or help direct our members to other in-network providers. Below is a step-by-step guide to help you navigate the updated Provider Finder.

To check your own information for accuracy:

1. Select “[Find a Doctor or Hospital](#)” at bcbsok.com

2. Select “Search as Guest” under “Not a Member Yet?”
3. Once you select “Search as Guest,” you will be directed to the updated Provider Finder
4. Answer the “How you get insurance” question based **on what networks you are contracted with through BCBSOK**
 - “Through my employer or my spouse’s employer” will search group networks only
 - “Through Medicare/Medicaid” will search for government networks only
 - “I buy it myself” will search for retail (Health Insurance Marketplace) networks only
5. Select the **I am a member** option
 - For purposes of completing the search, select any option for the type of care you are looking for
 - Select any product/network for which you are a contracted provider
 - Enter your name for your specific results
6. **To search for other providers who are in-network for our members:**
 1. Answer the “How you get insurance” question based on **how the member obtains insurance**
 2. For purposes of completing the search, select the **I am a member** option
 3. Select the type of care you are looking for (medical, dental, vision, etc.)
 4. Select the appropriate product/network according to the member’s health plan
 5. Enter the specialty, and/or the specialist’s name if you are just looking for a location or checking in-network status

Help our members find you. If you find discrepancies when checking your own information on the Provider Finder, it’s important to submit a request to make the necessary changes. Visit the [Network Participation/Update Your Provider File](#) section of our Provider website for more information.

To keep informed about changes to the Provider Finder visit the [News & Updates](#) section on the BCBSOK provider website.

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In the Community

Nominations Open for 2018 Champions of Health Awards

Individuals, groups and organizations that are working to positively change the health status of Oklahomans through unique and innovative programs are encouraged to apply for the 2018 [Champions of Health](#) awards. Nominations will be accepted [online](#) through May 25, and there is no cost to enter. Please help us identify eligible organizations and individuals by submitting nominations, or forwarding this information to others who might be interested.

All winners will be recognized at the Champions of Health gala on Thursday, Sept. 27, at the National Cowboy and Western Heritage Museum in Oklahoma City. The Champions of Health gala benefits the [Oklahoma Caring Foundation](#), a 501(c)(3) organization dedicated to providing Oklahomans access to preventive health services, including children's immunizations, via the Oklahoma Caring Vans.

The award categories include:

- Champion of Children's Health
- Champion of Senior Health
- Champion of the Uninsured
- Community Health Champion
- Corporate Health Champion

Nonprofit winners will receive a \$5,000 contribution toward their organization or program, and will be considered for the highest honor, the Dr. Rodney L. Huey Memorial Champion of Oklahoma Health, as well as receive a \$15,000 contribution.

The Champions of Health program is presented by the Office of the Secretary of Native American Affairs, the Oklahoma Association of Optometric Physicians, the Oklahoma Dental Association, the Oklahoma Department of Mental Health and Substance Abuse Services, the Oklahoma Foundation for Medical Quality, the Oklahoma Health Care Authority, the Oklahoma Hospital Association, the Oklahoma Osteopathic Association, the Oklahoma Primary Care Association, the Oklahoma State Department of Health and the Oklahoma State Medical Association in partnership with Blue Cross and Blue Shield of Oklahoma.

Additional details and nomination requirements can be found at championsofhealth.org. The website also provides information about the Champions of Health coalition partners, [previous winners](#), [gala sponsorship](#) opportunities and further program details.

The Oklahoma Caring Foundation, Inc. is a nonprofit organization administered as an in-kind gift by Blue Cross and Blue Shield of Oklahoma, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company. These companies are independent licensees of the Blue Cross and Blue Shield Association.

Provider Data and Directory Updates

Maintaining accurate provider data and directories are an important part of providing Blue Cross and Blue Shield of Oklahoma (BCBSOK) members with the information they need to manage their health. Please review our online provider directory, [Provider Finder](#)[®]. The directory is a helpful tool for providers to refer their BCBSOK patients to other participating providers.

To update your directory information or other provider information such as tax identification numbers, supervising physician information, hospital privileges, etc., please submit the [BCBSOK Provider Notification form](#) via fax to 918-549-2141 or email the form to oknetworkmanagement@bcbsok.com.

All changes should be submitted at least 30 days in advance of the effective date of the change. For more information, please contact your BCBSOK [Provider Network Representative](#).

Web Changes

- Posted [April Blue Review](#) to Education and Reference Center/News and Updates/Blue Review page
- Posted [Pharmacy Program Updates: Quarterly Changes Effective April 1, 2018](#) to Pharmacy Program
- Posted [2018 Billing and Documentation Guidelines-Drug Testing](#) to Related Resources/Standards and Requirements

Stay Informed

Watch the [News and Updates](#) on our Provider website for important announcements.

Update Your Information

Do you need to update your location, phone number, email or other important details on file with BCBSOK? Use our online forms to [request an information change](#).

Provider Training

For dates, times and online registration, visit the [Provider Training page](#).

Making the Health Care System Work. Better. Together.

We have an insider's view of how health insurers, doctors, hospitals, employers and governments depend on one another to provide access to affordable, high-quality care and help people live healthy, productive lives. We put together a team of writers and multimedia creators to work with business and thought leaders, inside and outside of our organization, to explore ways we can all work together to make the health care system work better for everyone. [Learn more about the online magazine](#) we created to tell these stories.

BCBSOK Online Provider Orientation

The [Online Provider Orientation](#) is a convenient and helpful way for providers to learn about the online resources available to them.

Medical Policy Reminder

Approved new or revised BCBSOK medical policies and their effective dates are posted on the BCBSOK website the first day of each month. These policies may impact your reimbursement and your patients' benefits. You may view all active and pending policies, or view draft Medical Policies and provide comments. These can be accessed on the Standards and Requirements page of our provider website.

While some information on new or revised medical policies may occasionally be published for your convenience, please visit bcbsok.com/provider for access to the most complete and up-to-date information.

On-demand Training

An [eRM tutorial](#) is available to show you how to navigate the features of the eRM tool. [Log in](#) at your convenience to complete the tutorial and use it as a reference when needed.

